

10 SILICONE-FREE SERUMS TO GET YOUR SHINE



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All curly girls love to shine. We are used to being the center of attention from our hair. When you think glam you think shine, but often our hair is not as shiny as we would like. Straight hair reflects light so you see the shine, whereas the bends of curly, coily, and wavy hair only refract light. This can give our tresses a more dull appearance. Is it fair? No ma'am but you can still get your shine on but in other ways.

Cold water rinsing

Rinsing with [cold water](#) after washing helps to close your hair's cuticle, seal it, and give a natural sheen or slight shine.

Apple cider vinegar (ACV)

Many naturals already know the wonders of [ACV](#) on their strands for several benefits. The most popular reason is that it removes product buildup, but how many are aware that it also leaves the hair cuticle soft and smooth? With that smoothness comes a natural shine from the closed cuticle that allows the hair to reflect some light.

Air-drying

Air-drying your hair instead of using a hooded dryer or diffuser allows the hair to dry naturally. If none of those sounds like the route you feel like taking to add some much needed shine and glam, then take a look at another way to get it without too much work on your part.

Hair serums

Hair serums are often silicone-based products that coat the surface of the hair without penetrating the hair's cuticle like some natural oils. They add shine and softness to the hair. Many protect the hair from the sun and they remain on the hair until you wash them out. It is best to add them on clean hair to keep them from creating buildup. The serum even reflects light and makes your tresses look shinier and healthier while protecting them from dust and even humidity.

[Style Craze](#) says that hair serums are not just for shine as many curly girls (and even straight haired ones too) use them to stave off dry and damaged strands. They can also help against heat applications and even chemical reactions that can occur with some styling products and gadgets. Here are some tips to remember when using hair serums:

- > Buy a brand that works, not just the one that is the cheapest. You truly get what you pay for.
- > Apply to your strands (not your scalp) and work through with your fingers or a wide tooth comb.
- > Using too much can create buildup or weigh your curls, waves, or coils down. Use sparingly and add more only if you see you need it.

Not all hair serums have silicone and not all curly girls are happy to use them, regardless of the silky benefits they bring. Here are a few brands that most curly girls find are the best and get the job done all without the burden of silicones.